

Wound Care

If stitches (sutures) are used:

- The stitches are under the skin and will dissolve on their own, so there are no stitches to take out.
- The Steri-Strips will stay on for 7 or more days. If they fall off sooner, don't worry. You may take them off in 7 days or just let them fall off on their own.
- You may shower in 24 hours.
- If there is oozing or bleeding (which may occur later in the day), put pressure on the wound. Most oozing or bleeding will stop with pressure.
- Usually acetaminophen (Tylenol) or ibuprofen (Motrin, Advil, etc.) is adequate if you have pain.

If stitches are NOT used, then I just used Steri-Strips:

- The Steri-Strips will stay on for 7 or more days. If they fall off sooner, don't worry. You may take them off in 7 days or just let them fall off on their own.
- You may shower in 24 hours.
- If there is oozing or bleeding (which may occur later in the day), put pressure on the wound. Most oozing or bleeding will stop with pressure.
- Usually acetaminophen (Tylenol) or ibuprofen (Motrin, Advil, etc.) is adequate if you have pain.

If you have any problems or questions, call: 801.965.3566

Answering Service (after 5 pm or on weekends): 801.596.6650