**INTERFERING MEDICATIONS FOR ALLERGY TESTING**

The following is a list of medications that may interfere with allergy testing. Patients should  **NOT DISCONTINUE** any **asthma** medications prior to allergy testing, nor other medication taken for other medical conditions unless listed below.

I. OTC AND PRESCRIPTION ANTIHISTAMINES AND ANTIHISTAMINES / DECONGESTANTS

Please discontinue these medications **3 days** prior to your allergy appointment.

|  |  |  |  |
| --- | --- | --- | --- |
| Actidil | Demazine | Oragest S.R | Sleep-exe 3 |
| Actifed | Dimatapp | Ornade | Sominex Formula |
| Allerest | Dimetane | Palgic | Sudafed-Plus |
| Alka Seltzer Plus | Disophrol | PediaCare | Tavist |
| Amitriptyline | Dristan | Pepcid | Temaril |
| Antivert | Dura-Tapp | Periactin | Tinalin |
| A.R.M | Dura-Vent | Phenegran | Triaminic |
| Astelin Nasal Spray | Extendryl | Phentermine | Tussend |
| Atrohist | Fedahist | Polaramine | Tussionex |
| Benadryl | Formula 44 | Pyribenzamine | Tusstat |
| Bromfed | Hydroxyzine | Resaid | Tylenol Allergy |
| Chlor-timeton | Isoclor | Rondec | Tylenol PM |
| Comhist | Kronofed | Ru-Tuss | Vicks Nyquil |
| Contact | Motrin Sinus | Rynatan | Vistaril |
| Coridin | Nortriptyline | Semprex |  |
| Cyproheptadine | Novafed | Sinatude |  |
| Deconamone | Oprimine | Sinubid |  |

\*\*Any night time cold / flu preparation

II. NEWER NON-SEDATING ANTIHISTAMINES / DECONGESTANTS

Please discontinue these medications **5 days** prior to your allergy appointment.

|  |  |  |  |
| --- | --- | --- | --- |
| Alavert  (Loratadine) | Clarinex  (Desloratadine) | Claritin Reditabs | Zytec Syrup |
| Allegra (Fexofenadine) | Clarinex D | Claritin Syrup | Zyrtec D |
| Allegra-D | Clarinex Syrup | Doxepin |  |
| Aller-tec  (Cetirizine) | Claritin  (Loratadine) | Xyzal  (levocetirizine) |  |
| Atarax | Claritin D | Zyrtec  (Cetirizine) |  |