

EMERGENCY GUIDE

KNOW WHERE TO GO

When you have a medical emergency, use this guide to help you know where to go for care.
If the situation is life threatening, call 911 or go the nearest emergency department (ER).

PCP Chronic	URGENT CARE Acute	ER Severe		PCP Chronic	URGENT CARE Acute	ED Severe	
✓	✓	✓	ABDOMINAL PAIN If pain is severe, go the ER.		✓	✓	EYE IRRITATION OR REDNESS Penetrating or foreign body, go to ER.
✓			ADHD		✓	✓	FEVER If very young infant, or adult has fever of 105+ degrees, go to the ER.
		✓	ALLERGIC REACTION WITH DIFFICULTY SWALLOWING Or call 911.		✓	✓	HEADACHE If severe, go to the ER.
✓	✓		ANIMAL OR INSECT BITE	✓			LAB ORDERS
✓		✓	ANXIETY/DEPRESSION MANAGEMENT If suicidal, go to the ER.	✓			MEDICATION REFILLS
	✓		ASTHMA ATTACK - MILD		✓	✓	MINOR WOUNDS/LACERATION If uncontrolled bleeding, go to the ER.
		✓	ASTHMA ATTACK - SEVERE Or call 911.			✓	NEWBORN Acute Care
✓		✓	BLOOD PRESSURE CHECKS	✓			PT/INR
✓		✓	BLOOD PRESSURE MANAGEMENT If blood pressure is higher than 180/110 go to Urgent Care.			✓	STROKE Numbness in arm or leg, difficulty speaking, face drooping.
✓	✓	✓	BROKEN BONE If skin is punctured, go to the ER or call 911.		✓	✓	PREGNANT + MINOR SYMPTOMS If you have bleeding or abdominal pain, go to the ER.
	✓	✓	BURNS If severe, go to the ER.	✓	✓		RASHES
		✓	CHEST PAIN - SEVERE Or call 911.			✓	SEIZURE Without an epilepsy diagnosis.
✓	✓	✓	CONCUSSION If loss of consciousness, go to the ER.		✓		SINUS SYMPTOMS
	✓		COUGHS AND FLU SYMPTOMS		✓	✓	SHORTNESS OF BREATH If severe, go to the ER or call 911.
	✓	✓	DIARRHEA, NAUSEA, VOMITING If vomiting blood, go to the ER.		✓		SORE THROAT
	✓	✓	DIZZINESS If over age 65, go to the ER.		✓		MINOR INJURIES/SPRAINS
					✓		URINARY TRACT/BLADDER INFECTIONS



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URGENT CARE LOCATIONS

RIVERTON
12391 S. 4000 W.
Riverton, UT 84096

WEST JORDAN
9000 S. 3181 W., Bldg. A
West Jordan, UT 84088

WEST VALLEY CITY
2965 W. 3500 S.
West Valley City, UT 84119